



PRIDE of the NORTH

NEWSLETTER for 105N District

Martin House Children's Hospice



The POTN is happy to announce that a stunning **£37,000** has been collectively raised by our Lions for the wonderful **Martin House Children's Hospice**. This money will now help to create a much needed **relaxation area for teenagers with life limiting conditions** and is one of many projects at the centre backed by our Lions. In previous years, the District has also supported the regeneration of **The Sanctuary Garden** as part of an **ongoing multi-million revision and rebuild of the 40 year old Hospice**.

IPDG Gill, LCI Officer Ron, PDG Kevin and District Treasurer David were immensely proud to present the cheque to **Martin House Fundraising Team members Rosie and Michelle**. They also express thanks to the Clubs and individuals who made it possible. **Lion Ron Lindsay** is also thanked for presenting the case for match funding to the LCIF. The formal opening of the new Education Centre, Teenagers' Wing, Snowflake Cold Room and daycare/respice areas will be in **June 2026** and we can't wait!

Issue 21 - September 2025

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Connecting members in Yorkshire, the
North East and Scotland

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Editor's Comments



Dear all,

Well, whilst last month's issue was bursting at the seams, this **month's is thinner**. However, this does make a lot of sense. Many of us have a very hectic summer whilst, as we move into late August/September, things tend to calm down. Saying that, we still have a lot of **service on display** from our Clubs as you will be able to see on **pages 10-12**.

It is a real highlight, as shown by the Front Page, to see that the **Martin House joint funding** has been secured. As is rightly noted, **so many Clubs and individuals contributed** to this incredible total and **every single one of you should be proud**. I am very happy that my friends and I could help via our **Three Peaks Challenge**.

Overall, **do enjoy this shorter issue** and **keep on serving your community**. Also, don't forget to **send me your stories** and I'll do my best to fit them into October's edition.

Luke Maunsell

District Newsletter Editor



media@keighleylions.org.uk

Competition Corner

Scores on the Door Travelling Lion:

Thorne Rural - 67
Garforth - 14
Keighley - 5



Host Club:

Thorne Rural - 37

Don't forget that our District has some **great, creative competitions** which include: **The Photo Comp, The Peter Shaw Award, Rookie of the Year and the Best Web Page Award**. They are all fun and help build comradeship between us all. If you would like to get involved, in any of them, by the **closing date of 31/12/2025**, please contact **Lion Roy Field** at: rjafield58@gmail.com.



District Governor's Message

Fellow Lions, Leos and Partners,

As we enter into a different season, we **continue to carry on the good work** in our communities. There has been some excellent service carried out all over our District over the summer, and some good publicity given to it too, thanks to all your **Facebook pages and our District Social Media Officer.**



Myself, I have had a busy September. I was glad to attend **Bradford Central Lions Club meeting on the 3rd** and then, along with PDG Lion Kevin Hunter, our GMT/GET Officer, we attended a **Membership Summit Weekend** with officers from the other 7 Districts. During this, we spent time discussing recruitment and retention and looked at ways in which we can increase our Club memberships. **A great weekend of sharing ideas and friendship.**

The day after, I then went off to the **West Coast of Scotland Club visiting** and enjoyed meeting the members and officers at both **Dumfries and Dalbeattie**. Both Clubs are doing well and doing some admirable work in their communities. Regretfully, though I was due to attend the **Oban & Lorn Club meeting** but I was stranded for 3 hours behind an accident awaiting it's clearance. Although I did eventually make it to Oban, I was not in time for the meeting. **My apologies to them and I will re-arrange.** On 14th I attended **Zone 6 Zone meeting** hosted by Easingwold, and was home in time for a **Council of Governors Zoom meeting too.**

I am very pleased that the match funding for the **Martin House project** came through early in the month and though not available myself, IPDG Gill along with LCIF Co-ordinator Ron and District Treasurer were able to go to Boston Spa and make a presentation. I can also report that the **match funding bid has gone in for the vision screening cameras** this week. **Well done to Ron for preparing it all.**

I have upcoming visits to **Teesdale, Morpeth and Ponteland**. It's great to hear first-hand what you are all up to. I am also **delighted to see that many of you are recruiting new members.** Keep it up and let's get our numbers up, the **more members we have the more service we can do.**

Convention arrangements are ongoing and it would be great to see many of you there in February.

Diary Dates

3rd October - Tynedale Lions Club Dinner

5th October - Cabinet meeting on Zoom

8th October - Yarm Lions Club visit

10th October - Whitby Lions Charter Dinner

14th October - Darlington Lions visit

18th October - Filey Lions Charter Dinner

25th/26th October - Council of Governors meeting on Zoom

26th October - Scarborough Lions Charter Dinner

31st October - Withernsea Lions Charter Dinner

Lion John Sellers, MJF

District Governor



sellersatmallard@aol.com



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1st Vice Governor's Message

Dear fellow Lions, Leos and partners,

Since the last Newsletter, I have still been very busy with the **Lions Den Shed**, finishing projects and schemes for the local community.

With my Lionism hat on, I attended my first MD Council Meeting held on Zoom, which was enjoyable and thought provoking. I now look forward to the next and also to our **District's next Cabinet Meeting**, again both on Zoom.



This week I attended my **first Webinar for District Governor Training**, with my group (17) being **led by Lion Stewart Sherman Khan (excellent!)**, but also met with many European and further afield Lions who are also members of this group. Some hard work coming, but **worth it to be at our best** and ready for office following the International Convention in Hong Kong.

Closer to home, our **District Convention in February 2026** is not so far off. The setting will again be Scotch Corner and I do hope as many Clubs and Members can and will attend. This will be followed in **May with the MD Convention in Newcastle**, so not too far for us to visit. I look forward to seeing as many of you as possible at both. I will also be **setting up Club visits** for the back end of October and into November, then from the middle of January onwards. Dates will be ready for the next Newsletter.

Finally, as a trainer for the **Child Sight Programme**, I am so very pleased that orders have been placed and Match funding sought for the Cameras. Hopefully, it will not be too long until our Clubs will be **working with schools to provide a huge service to our communities**.

Lion Allan Clark, MJF

**1st Vice District Governor
2025/2026**



nalla105c@yahoo.co.uk



Membership News

Since the last newsletter, we have had **11** join our 105N pride. **Let's welcome them and wish them all the best** in their future service. Unfortunately, **1** Lion has moved to **Higher Service**. We send our **deepest sympathies** to their nearest and dearest.

Boroughbridge Lions

- Patrick McCreanor
- Wendy McCreanor

Knaresborough Lions

- Jim Harrison
- Kevin Shaw

Darlington Lions

- Michael Bailey

Malton Norton Lions

- Stephen Cass

Doncaster Lions

- Daniel Barwell

Sunderland Lions

- Amy Gallagher

Hornsea Lions

- Christopher Campbell
- Kay Campbell

Dalbeattie Lions

- Susan Wilkinson

In Memoriam

Always treasured, your actions live on in our hearts.

Teesdale Lions

- Peter Russell

Deepest thanks to **Lion Marilyn Bennett**, MLCY Co-ordinator and **Lion David Wilson**, District Almoner for contributing to this page. They can be reached on davidwilson51@hotmail.co.uk and lions.geomar@gmail.com.



Calendar Dates

Tynedale Lions

Charter Anniversary

3rd October 2025, 7pm for 7:30pm
Tynedale Rugby Club, Corbridge, NE45 5AY

Email Lion Sue Taylor:

susantaylor158@btinternet.com

Pocklington District Lions

63rd Charter Anniversary

18th October 2025, 7pm for 7:30pm
Pocklington Cricket Club, Burnby Ln, YO42
2QB

Email Lion Mel Stork:

mel.stork68@gmail.com

Filey Lions

61st Charter Anniversary

18th October 7pm for 7:30pm
The Glasshouse, 40 Belle Vue St, YO14
9HY

Email Lion Vicky Buckle:

victoriapbuckle@aol.com

Derwent and Minster Lions Joint Charter Celebration

25th October 2025, 7pm for 7:30pm
Sutton on Derwent Village Hall,
YO41 4BN

Email Lion Marilyn Bennett:

lions.geomar@gmail.com

Withernsea and District Lions

58th Charter Dinner

31st October 2025, 7pm for 7:30pm
The Country Club, Patrington Haven
Leisure Park, HU12 0PT

Email Lion Ernie Oldfield, MJF:

j.oldfield451@btinternet.com

Garforth & District Lions

53rd Charter Dinner

8th November 2025, 7pm for 7.30pm.
The Garforth Golf Club, Long Lane,
LS25 2DS,

Email Lion Todd Keith:

toddkeith@outlook.com

Filey Lions

Over 85's Christmas Lunch

11th December 2025
Park Dean Holiday Resort,
Mill Lane, Cayton Bay, YO11
3NJ

Zone N12

Annual Burns Night

17th January 2026
Wheatley Golf Club, Armthorpe Road,
Doncaster, DN2 5QB

Email Lion Mike Byrne:

thebyrnes2003@yahoo.co.uk

District Convention

6th to 8th February 2026

Scotch Corner, Darlington, DL10 6NR
Hosted by Thirsk and Northallerton
and Easingwold District Lions Club

Have an upcoming event or Charter Dinner?

If you have a date for the next issue,
please email me on:
media@keighleylions.org.uk





Mental Health Service Week

4th – 12th October 2025



Mental Health Service Week is part of the larger **Lions International Global Week of Service**. During this week, Lions Clubs globally, including those in the MD105 and in our District, are **focusing on promoting mental wellness, raising awareness, breaking the stigma, and providing support** for those facing mental and emotional challenges. The week aims to **unite communities to foster compassion and support mental health initiatives**.

There are many ways in which you and your Club can get involved. Here are just a few ways to get you started:

- **Promote well-being:** Engage in conversations about mental health on your Facebook page or other social media. There are suggested social media graphics/posts which can be downloaded from the [MD Mental Health Resources Bookshelf](#).
- **Hold a Walk and Talk or Tea and Talk event:** A leisurely walk in a local park or a coffee/tea morning at a community hall provides a relaxed setting for people to connect. The focus is on conversation and social connection, which is a powerful way to combat loneliness and isolation.
- **Host a Community Hub:** Partner with a local community centre, library, or cafe to create a designated "Lions' Mental Wellness Corner" for the week. This space could offer a welcoming spot for people to sit, have a chat, and find information.
- **Community Clean-Up or Gardening Day:** Organise a community gardening or litter-picking event. Volunteering and spending time outdoors are proven to boost mental wellness. It also gives people a sense of purpose and the satisfaction of improving their local environment.

If you would like any **help or advice to organise your Mental Well-being event**, please contact me at michelle.mcarthur@jigsawatwork.com or tel 07801 056284

There are lots of useful resources and information on the [MD Mental Health Resources Bookshelf](#).



Dates For Your Diaries

Caring for our communities starts with caring for ourselves, which is why we are once again joining up with our colleagues in District CN for several online Mental Wellbeing events for our members.

Monday 6th October, 7:30pm: Exercise to Well-being

Regular exercise is key to a healthy mood. Join us for an evening of fun and gentle exercise via Zoom.

Join at:

<https://us02web.zoom.us/j/81716499451?pwd=iNxJ7cDT9g9Pr9PdXDUNzciKXLj1Dr.1>

Tuesday 7th October, 7:30pm: Singing in Mind

Join us for an evening of songs from the 40's, 50's and 60's, plus songs from the musicals

Join at:

<https://us02web.zoom.us/j/89026252481?pwd=RoK7rCHNtRGmTNS4gDtMwccnne2utY.1>

Thursday 9th October, 7:30pm: Quiz through the Decades

It will be a fun evening whilst being a brain-boosting activity

Join at:

<https://us02web.zoom.us/j/84659392127?pwd=j930EwtbXezlWvazxBs6nDuJdFOHzY.1>

Saturday 12th October, 10:00am: Caring for Self to Care for Others Time

Do you ever feel like you're so busy helping others that you forget to take care of yourself? It's easy to get caught up in serving your community, but remember, you can't pour from an empty cup. Learn to manage stress, boost your energy levels, and find a sense of calm and control, even when the pressure is on.

Register at: https://us02web.zoom.us/meeting/register/_alXdzMZQcma2pV09xjQ7A

NOTE: Details of all of these events will be circulated separately to clubs along with relevant facts sheets and information. Please ask your Club President or Secretary for copies of the full information for each event.

Development Workshops and Webinars

Have you been a Lion for 5 years or less?

Would you like to meet younger in-service Lions from around the UK, to discuss, learn and share ideas?

Would you like to be part of the future of Lions in the UK, helping to shape our thinking to ensure Clubs remain relevant to today's society?

Lions MD105 Symposium

We are looking for Lions of any age, with five or less years' service as a lion, who are interested in and would benefit from attending this thought-provoking, informative and inspirational weekend.

Where and When:

28th, 29th & 30th November 2025

Venue:

Chesford Grange Hotel, Chesford Bridge, Kenilworth, Warwickshire, CV8 2LD

Purpose:

The main aim is to bring together younger/younger in-service members for a wide-ranging discussion, encourage lateral thinking, to obtain the views of the next generation of leaders within MD105, to inform our strategic planning and thinking. We need to ensure that what we do in our MD is relevant to today's society.

This may be first entry level experience of leadership topics and for many, Club level responsibility may be the next step. Depending on length of service, a District role may be more appropriate and will be very much down to every individual, local needs, and development opportunities.

Who should attend:

Lions of any age, with ideally five or less years' service as a Lion.



Symposium:

The symposium will run from 10.00 on Saturday through to 15.30 (latest) on Sunday. Attendees will be expected to attend all sessions including evening dinners.

MD105 will be providing accommodation, meals, and refreshments for the duration of the Symposium, Saturday and Sunday – Friday dinner, bed and breakfast for those wishing to travel on Friday.

Programme:

There is no formal agenda as the programme is very much driven by the needs of the attendees.

During previous events there has been a steer towards:

- Strengths & how weaknesses/weakness can become an opportunity
- Diversity and Inclusion
- Difficult people and conflicts - discussion on strategies and needs of newer younger lions
- Communication (introduction to AI)
- What happens when things go wrong
- How to maximise results
- Protocol & politics - necessary evils (?)
- Leadership opportunities and next steps
- Service Journey
- Our Core Projects
- MD105 Major Projects
- Club and/or District Projects - new and established (attendees asked to share)
- Brand Identity
- Marketing our organisation - resources available National HQ/ Lions International
- Marketing ourselves
- Marketing events

If you would like to know more about the symposium or would like to submit an application to attend, **please email me your name and email address and I will send out the full information and application form.**

Places are limited, so please get in contact with me ASAP

Please email Lion Michelle on: Michelle.McArthur@jigsawatwork.com to request your application and/or if you would like a copy of the full list of development opportunities for 2025.



Tales from our Clubs

Otley Lions



Otley Lions have been reflecting on a number of excellent summer service projects. The first of these was their recent, slightly ‘quackers’, **Hook-a-Bag stall at the Otley Carnival which raised around £200**. The Club expresses their deepest thanks to all those (especially fellow Lions) who kindly **donated many wonderful soft toys** to their appeal. If any Clubs have any **spare toys to donate, please do get in touch** and they will be put to good use.

Further local success has been seen in their **Annual Crown Green Bowling** event which was won by the Club’s Secretary. The **popularity of their bookshop** has grown with some **2,000 books being donated including many valuable ones**. Finally, the Club is proud of their **numerous charitable donations** over the last 12 months including contributions to the **Otley Food Bank** and the **Otley Community Larder**. The Club’s focus is now **quickly switching to their Christmas plans**.

Hornsea District Lions

Hornsea District Lions have made a donation of **£7000 to Eastgate Medical Centre to fund new equipment and support an innovative project** to detect Prostate cancer in high risk men. The major focus of this funded work is an **early detection project for Prostate cancer**, targeting men aged 50 – 70 who may have a family history of the disease. Meanwhile, the second part of the donation **went towards purchasing dermatoscopes** which are advanced handheld cameras that magnify skin lesions for closer inspection. **The Club will continue to fund this for 2 years**.



Speaking in praise was **Dr Tami Byass** who celebrated the **Lions’ support as “instrumental”** and has enabled the practice to try something **“new” and hopefully “long lasting”**. Rather fantastically, one man who was involved in the original trial **has already been diagnosed and had curative surgery**. **Superb, life-changing and life-saving work!**

Knaresborough Lions



Another big donation has come from Knaresborough Lions who are **keenly supporting the development of a sensory garden at the St Andrews Police Treatment Centre** in Harrogate. This has followed the success of the **Bobby Dazzler** team from the centre who participated in the Club’s Great Knaresborough Bed Race and used this to raise money for the garden.

The more than worthy **St Andrews Police Treatment Centre** is a charity which shares a role with a **sister establishment in Auchterarder (Scotland)** in providing rehabilitation for emergency services personnel. For more information, **please do visit its website** on www.thepolicetreatmentcentres.org/.



Working together is what Lionism is truly about and two Yorkshire based Clubs have been doing just that. Over the Summer, both **Tickhill & District** and **Thorne Rural** have been **supporting the Doncaster Mencap group**, who support those with different disabilities, with their weekly sporting sessions.



These events are held on Wednesday mornings and **feature energetic games such as basketball and pickleball as well as group walks** which are filled with laughter, teamwork, and enthusiasm. As a result, several members of **Thorne Rural and Bryan Kilvington (from Tickhill & District)** have been involved in the programme for a long time and were joined by a fellow Tickhill & District member who found the **sessions amazing and felt warmly welcomed by all**. The Club **thinks their friends in Thorne Rural Lions as well as Lion Barry Goforth**, for their dedication and leadership in running this programme.

Thirsk & Northallerton Lions



Another **special, sporty success story** comes from our friends in Thirsk and Northallerton who have been **backing one of their new, local football teams**. After being approached, the Club decided to help the **new squad (in the under 7 age group) for the 2025/26 season**.

In order to help out, the Lions have **provided the funding for new shirts, shorts and socks** for the team. All of these shirts have extra **snazziness as they proudly display the Lions logo**. Following this Club members happily attended the team's first game and were blown away by the **infectious enthusiasm of the team and coaches**. **Best wishes for the rest of the season!**

Filey Lions

In Filey, they have been focusing on a lot of background work for their upcoming events. For example, they will soon be marking the **International Day for Older People Day** (on the 1st of October) with their creative **Pig Racing Game**. Prizes will be on the cards for the ones who win which they will be able to take **'all the way home'**!



After this, they will be hosting their free **bonfire event which will take place on Saturday 1st November**. At this sizzling celebration, there will be a variety of **food stalls as well as some charity games** to have a go on.

Finally, they are deep in preparation for their **85's Christmas Lunch**, which will now be held at the **Parkdean Resort at Cayton Bay** who have come to the Club's aide as a feasible event space. The resort, which is closed for a week in December to prepare for their own Christmas festivities, has offered to **open a day earlier for the Lions in a festive show of spirit**. **Good luck with your ongoing arrangements Filey Lions** - we look forward to them coming to fruition.

Darlington Lions



It's also been full steam ahead in Darlington as the Lions have been celebrating the **200th anniversary of the opening of Stockton and Darlington Railway** which was the first passenger railway in the world.

To mark this monumental moment, Darlington Lions has donated **£500 to The Darlington Railway Preservation Society**, a registered charity which specialises in the restoration of railway steam engines and redundant rail stock. These funds have proven to be extremely beneficial and have **helped the society put on an Open Day for local school children**

at its Whessoe Road workshop.

Whilst the impact might be local, most of the money for this project has come from **Mentone Lions Club in Australia** which Lion Ian Barnes visited earlier this year. **The Australian club was so impressed** by the work of Darlington Lions in supporting its local community they donated **AU\$1,000 (£480)! Superb international co-operation for a brilliant, local organisation.**

Our Lions in Elmet have been in full swing as they held their **first Golf Day on the 19th of September at Scalm Park Golf Course**. On a bright and sunny day, the Club had great success with **14 teams taking part over 18 holes**. This was also bolstered by excellent raffle prizes such as a **30 minute flight in a Cessna from Sherburn Aero Club to bottles of spirits**. Taking part in the day were teams with a variety of names from 'DFS' to 'Scarcroft Sluggers' and 'I like Big Puts'. The winning team was 'Average at Best' whilst the **Wooden Spoons went to the 'Sultans of Swing'**.

Meanwhile, Elmet Lions have also been **celebrating as two members received the Melvin Jones Award**. The two deserving Lions were long standing members **Ann Hudson and IPP Maggie Hartley** who were celebrated for their inspirational dedication. **Well done to both!**

Elmet Lions



Keighley Lions



Finally, two Lions in Keighley also were awarded for their work for the local community during the **Town Council's Annual Community Award**.

At the special ceremony, **Lion David Ogden** received the **Lifetime Achievement Award** whilst **Lion David Earnshaw** was given the **Muppett's Walkers Award** for his work in providing regular toured walks.

The whole Club is **deeply proud** of their two Lions who are both longstanding volunteers who achieve so much for the people they serve.

Upcoming POTN Deadline

Thank you all for your contributions this month. The next deadline is the **19th October 2025**. I look forward to seeing what your Clubs have been doing so do email me on: [**media@keighleylions.org.uk**](mailto:media@keighleylions.org.uk)

