



Serving a World  
In Need

Lions Clubs International

# Kevin Hunter

District Governor 105N 2022-2023

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Serving a World  
In Need

Issue 3

September 2023

# District 105N Newsletter

## District Governor 105N



Fellow Lions, Leos and Partners

Following the special meeting of Past District Governors and Vice District Governors at the end of July to recommend to LCI our District Governor for 2023/24, I am pleased to say that we have now been notified that my appointment as DG for this year is confirmed. I would like to place on record my sincere thanks to all our members in giving me the privilege of representing you again this year. Please be assured that Cynthia and I will continue to give you 100% support.

Now that we have a full team of DG's, VDG's and Zone Chairs in place, we have discussed the best way of giving as much support to clubs as possible. For first point of contact purposes and ensuring all clubs receive a visit during the year, we have split the District into three. This will help spread the workload and reduce individual travelling but I would stress that this should not deter any club from contacting any of us regarding help, visits, charters etc.

1st VDG - Gill Swan - Zones N6 ( NE Yorkshire), N9 ( West Yorkshire ), N12 (Doncaster Area), N13 (Rotherham Area)

2nd VDG - John Sellers - Zones N7 (North Yorkshire), N10 (Central Yorkshire), N14 ( Hull Area), N15 ( East Yorkshire )

DG - Kevin Hunter - Zones N1 (Eastern Scotland ), N3 ( Western Scotland ), N4 ( Northumberland ), N5 ( County Durham )

### **District Goals**

As mentioned in the last newsletter, District Goals were discussed at our District Cabinet Meeting and the following goals were agreed to work to:

Membership : To grow membership by net 70 in the year through new member recruitment, improved retention and launch 5 branch plus. Target for each club to end the year by one additional member remains.

Leadership : 50% of ZC's and 50% of Club Officers to undergo officer training.

Succession Planning : Develop rolling 5 year plan to avoid unfilled roles in the structure.

Reporting : 75% of clubs to be reporting service in MyLCI by the end of the year.

### **Membership**

We have got off to a good start to the year with 22 new members joining in the first two months. We extend a warm welcome to all and our thanks for choosing our great organization to give service. This means our net membership has grown by 14 since the start of the year.

### **Events**

As you will see from the various articles in this newsletter and on social media, many clubs have been busy putting on a wide variety of important and fun community events throughout the summer. It is such a delight to see so much service and enjoyment being given. I had the privilege of being asked to attend the District Fun and Sports Day for the Disabled organized by D.O Lion Auriol of Thorne Rural Club and her committee from around the district.

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15 clubs providing a variety of games and activities for a huge turnout of participants. What a great day of fun and thanks must go to all members of The committee for all their hard work in putting on this event which is now in its 43rd year.

### District Governor's Diary for September

02 Sept 2023	MD Council Zoom Meeting		12 Sept 2023	Morpeth Lions Club	O.V
10 Sept 2023	Easingwold BBQ for RFD		21 Sept 2023	Consett Lions Club	O.V
11 Sept 2023	Tynedale Lions Club	O.V			

**Be Proud, Be Bold, Be Successful !!**

Lion Kevin Hunter  
Acting District Governor District 105N

### 1st District Vice Governor 2023 / 2024



As I start to visit clubs in my patch of the District I am made aware of our huge variety of activities, some are novel and some are old favourites that have been recycled.

In a recent visit to Bradford Central I met Palliative Care Trainer Lion Mary Lou who uses our Message in a Bottle in her training sessions to care home staff and domiciliary care. She explains that 'Palliative care has always been associated with death and dying, yet according to the World Health Organization, it's about living.' Mary Lou explained that using MIAB is an honest way to begin conversation about advance care planning that does not alarm families and carers. This is so popular with her nursing colleagues

she is increasing her orders. A lovely example of how Lions might partner local care services and it also offers an opportunity to talk about Lions to potential new members.

After taking part in the District Fun and Sports day, and surviving being placed in the stocks I'm looking forward to my Club visits for September

### 1st VDG's Diary for September 2023

11 Sept 2023	Scarborough Lions Club	O.V
14 Sept 2023	Whitby Lions Club	O.V
18 Sept 2023	Maltby Rother Valley Lions Club	O.V
21 Sept 2023	Filey Lions Club	O.V



Lion Gillian Swan  
1st VDG 105N 2023 / 2024

### 2nd Vice District Governor 2023 / 2024



Fellow lions, Leos & partners,

Since the last Newsletter I have completed several club visits on behalf of the DG's team. My first one on 1st August to Hornsea took me to a very lively business meeting, boasting a strong and enthusiastic membership, passionate about all they are doing. Their Charity shop is a constant source of income to them, and clearly from the meeting a constant source of amusement as they discuss it's every day running by volunteers.

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As well as the shop being open 6 days a week, they have many other events and services going on, including the loan of wheelchairs for those in need of one at short notice.

On 8 th August my visit to Boroughbridge also proved to be a very enjoyable meeting. From a club that was close to closure only a few years ago, the club now has 18 members and additional prospective members waiting. Vibrant and enthusiastic with excellent governance and a good rotation of officers. Very pleasing.

My visit to Pocklington District Lions Club on 21 st August was very enjoyable. They are a busy club with Disability scooters and Wheelchairs available for loan in large numbers, and the constant wear and tear on these will be a challenge. They had donated a Panthera bambino adjustable wheelchair last year, valued around £2300.00 new, roughly 7 years old and suitable for a child 4 –12 years old. At the time they thought they had a suitable child to take it, but it didn't transpire. They are asking if any other clubs in the district could make good use of it. Contact direct to

[jf.pocklingtonlions@gmail.com](mailto:jf.pocklingtonlions@gmail.com)

Almost all clubs are now planning for the main event at Christmastime, their santa sleighs and grotto's. This has to be the one event that all clubs are well known for in their own communities, and if residents can't tell you anything else about lions, that is the one thing they will know, and look forward to.

Could I remind all clubs of the need to report your service on the MyLion site. If you are having difficulty there is always someone within the district who can help.

**2nd VDG's Diary for September 2023**

04 Sept 2023	Wetherby District Lions Club	O.V	07 Sept 2023	Harrogate Lions Club	O.V
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. Keep up the good work. Remember Fellow Lions, together we can, together we do.

lion John Sellers  
2nd VDG 105N2023 / 2024

**Darlington Lions Club**

Darlington Lions Charity Bookshop was first established over 40 years ago as a fundraising project using vacant commercial properties in the town centre to sell donated fiction and non-fiction books with over 6,000 books in stock. Every penny raised in the bookshop is spent to meet every day charitable needs, predominantly on a local basis, and manned by volunteers five days a week.

Over the years the nomadic life of the book shop has seen it operate from at least ten locations settling on its current home in Blackwell Gate Mews almost 30 years ago where it quickly grew from one to two shops.



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To boost sales over ten years ago the previous £1 selling price was reduced to 50p where it has stayed ever since which may mean it is the longest sale ever to run in Darlington town centre. Although costs are carefully controlled and consist mainly of utilities and rent, they have significantly increased to the point where our Lions Group have had little choice but to bring the sale to an end restoring prices to £1 a book (3 for £2), with children's books remaining at 50p.

Joint chair of the bookshop committee Kevin Winkworth said "Over the course of the years we have become great friends with many of our customer's who regularly call in to view the ever changing stock and have a chat".



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"Recently we have moved the main shop to a new position facing out onto Blackwell Gate, in Darlington where we can display our stock more clearly and give improved levels of customer service".

"One of our aims is helping children develop a love of reading and so during the summer holidays we will be giving a free children's book to any young families that come into the shop".

Fellow Joint Chair Lion Fred Thompson added "The new shop gives us the added opportunity to promote some of the other features of the charitable work of Lions Clubs including the collection and disposal of used spectacles to developing countries and the unique Lions Message in a Bottle service which warns medics of patient issues when they may be unable to do so themselves".

Lion Tony Gent  
Darlington Lions Club

### Distribution of E Mails around District 105N

#### Important Information for all clubs

Fellow Lions.

Unfortunately I am writing to let you all know that our S@A Mike Rogers suffered a collapse after a round of golf and is currently under investigation in University Hospital Durham.

I have agreed with him that we reinstate the system used when he had e mail problems back in July whereby all mails come to me so they can be passed on to Zone Chairs for distribution to the clubs within each zone.

I will keep you advised as things change, hopefully for the better and in the short term.

I am advising Cabinet Officers by separate e mail.

My e-mail address is

[lionsashburner-105ne@talktalk.net](mailto:lionsashburner-105ne@talktalk.net)

PDG Alan Ashburner

Cabinet Secretary.

### Ayr & Prestwick Lions Club

The club's main activity in August was its fundraising stall at Dundonald Highland Games. This event is always well attended.

As well as a range of Highland Games competitions, a Pipe Band contest attracts bands not only from various parts of Scotland but also from overseas. It affords the bands with an opportunity to experience a competition

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prior to the World Pipe Band Championships in Glasgow. With large numbers of spectators in attendance, the games at our stall proved very popular.



During the afternoon we were honoured with a visit from the Queen and her attendants, the Games Chieftain and the Junior Chieftain.

Lion Alec Mooney  
Ayr & Prestwick Lions Club

### Holme Valley Lions Club

Our club were presented with a community champion award by Holme Valley Council for taking Santa and sleigh around the villages in the area for many years and they thought we should receive recognition for this which we were very proud to receive. We don't have many members but those we have give their all to this event. It puts Lions on the map as everyone knows the Lions and Santa!! Challenge is to get Lions known for all other work we do.



Vice President Ken collecting the award

During February to Easter we sold raffle tickets outside local supermarkets/farm shops and garden centres in aid of Kirkwood hospice and sold all 2000 tickets raising for them £2000. Some of the selling period coincided with the Turkey/Syria earthquake situation and whilst we could not put buckets out to collect for this ourselves due to many locations having collection points of their own

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people still wanted to give donations to us for this which we kept separate and it amounted to over £300 which we sent to LCIF The publics generosity is good when they see lions in tabards.



Presentation to Kirkwood at our meeting.

Lion Malcolm Howlett  
Secretary, Holme Valley Lions Club

### City of Edinburgh Lions Club

#### Scot & Melinda Barger

We met up with them on 21 Aug at Newhavan Pier Edinburgh at 9.30am took them to south Queensferry to see the 3 Bridges, then on to St Andrews for the Old Golf Course this was a surprise for Scot as he has always wanted to go there,

This was also his 63rd Birthday, he is a retired airline pilot in USA , He was recently diagnosed with a degenerative brain disease, Melinda organised this by contacting our president Andrew Sutherland PDG, Andrew asked if we could do this, we said we would and we did.



Scot and Melinda  
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Melinda's Father is a Lion in Atlanta and she has been on Friendship Force Exchange, to Newcastle upon Tyne, also been on Exchange Visiting London & Southampton.

Both of them had a good day weather was good, we went by motorway M90/92 and came back by the Fife coast route and got back by 5pm to make sure they got the tender out to there cruise ship.

Lions Tom & Beth  
City Of Edinburgh Lions Club

### Elmet Lions Club

#### Elmet Lions team up with The Fish Bank

Jonathan – owner of The Fish Bank – fish and chip shop in Sherburn – is selling take out bags for 20p and giving the proceeds to Elmet Lions and the PSA event on 27 th September, 2023.

Previous charities that Jonathan has supported is MND and Rob Burroughs – however the Elmet Lions event caught his attention and everyone who buys a bag to take their fish and chips home is helping support our fight against prostate cancer.



Here's Jonathan with Vice President Paul and President Maggie showing the labels which accompany the bags.

LP Lion Margaret Hartley  
Elmet Lions Club

### District 105N Competitions

#### Travelling Lion Competition

Thorne Rural Lions Club	75
Filey Lions Club	36
Morley & District Lions Club	11
Garforth & District Lions Club	11

#### Host Club Competition

Thorne Rural Lions Club	20
Castleford & Pontefract District Lions Club	19
Morley & District Lions Club	1

Lion Roy Field  
District 105N Competitions Officer

## Future Dates for Your Diary

13 Oct 2023	Tynedale Lions Club Charter, Beaumont Hotel, Beaumont Street, Hexham, NE46 3LT
2/4 Feb 2024	District 105N Convention, Scotch Corner Hotel, Richmond, DL10 6NR
07 April 2024	Castleford & Pontefract District Lions Club Kings Croft Hotel, Charter Lunch Pontefract, WF8 4HA

### Membership

We welcome the following into District 105N and into  
Lions Clubs International

Lion Deborah Burton	Alnwick Lions Club
Lion Maxine French	Holderness Lions Club
Lion James Davies	Malton, Norton Lions Club
Lion Eileen Johnson	Minster Lions Club of York
Lion Paul Swithenbank	Rothwell District Lions Club
Lion Kevin Binks	Tickhill & District Lions Club
Lion Robert Day	Tickhill & District Lions Club
Lion Guy Brook	Wetherby District Lions Club
Lion Jodie Galloway	Aberdeen Bon Accord Lions Club
Lion Sydney Brangenburg	Aberdeen Bon Accord Lions Club

### Transfers

Lion Priscilla Kcube	Doncaster Lions Club
Lion Neil Luckcuck	Doncaster Went Valley Lions Club
Lion Marilyn Bennett District 105N MLCY Co-ordinator	

### Denby Dale District Lions Club

#### That Was the Summer!

Well it's been a busy summer for Denby Dale District Lions Club! We started the new Lionistic Year with our Changeover lunch at Woodsome Hall Golf Club where our new Lion President Drew Atkins was duly installed and our Club Officers and Trustees officially appointed. The Club also thanked out-going President Neil Milne for his hard work and commitment throughout his year as President.

One of our new President's first duties at our July meeting was to enroll two new Club members as we welcomed Andy Smith to the Club and welcomed back past Club member and past President Tim Matthews!

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Lions Tim Mathews and Andy Smith

In terms of fundraising activities, our BBQ and Coconut Shy were again kept busy with a number of events across the summer including Summer Fairs at Scissett Academy and Shepley First Schools, marshalling the route at providing a BBQ at the Shelley Pram Push and taking the Coconut Shy to Emley Show which is one of the biggest Agricultural Shows in the north of England. Despite the soggy weather the Show again drew a crowd of many thousands.

This year the Club are donating all proceeds made at the Show to the Forget Me Not Childrens Hospice, one of our chosen charities. Our thanks once again go to Colne Valley District Lions Club for continuing to lend us their Coconut Shy equipment.



But without a doubt our biggest and most popular fundraiser of the summer was again our annual Scarecrow Trail around Denby Dale which was held

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over the weekend of 15<sup>th</sup> and 16<sup>th</sup> July. The theme this year was animal characters from films, books or TV which received a lot of interest from the local community with 27 scarecrows entered and prizes given out to the best ones as voted for by the public. The BBQ was kept busy all weekend with face-painting and the obligatory raffle also taking place. In excess of £3,000 was raised which the Club will be donating to the local Food Bank.

Our final event of the summer is to host a 'thank you' BBQ and drinks party for Lions partners and volunteers who have helped out at Club events during the previous Lionistic year.

Lion David Absolon  
Denby Dale District Lions Club

### District 105N Fun & Sports Day for People with Disabilities

First held in 1980, this year celebrated the 43<sup>rd</sup> year of Lions Fun and Sports Day for People with Disabilities Saturday 12<sup>th</sup> August 2023 at Parklands Sports & Social Club Doncaster. We are pleased to say that 141 registered with disabilities, their families, carers and around 100 Lions attended the event.

With fun being the order of the day, and as a member of Thorne Rural Lions Club – we are proud of this achievement and we would like to say a big thank you to everyone involved. With 27 Lions Clubs supporting this great event in our Lions year full of fellowship, friendship and joy to all. Knowing we have given those with disabilities a chance to have a free enjoyable day on the Lions and helping get fulfillment towards that better quality of life they deserve.

May we again thank DG Kevin and Mayor Ros for opening and attending the event, along with 17 clubs from N & CE for bringing along their games for all to play and the Lions members who planned, setup and managed the event under the Chairmanship of Lion Auriol. Also a big thank you for the Lions clubs that sponsored this event.

What was also nice to see was the presence of our late President of the Lions Fun Day, Lion Reg's daughter Rosie with his grandson Edward and his great grandsons. On remembering Lion Reg, Edward awarded a special plaque to Amanda, who is a member of Mencap whom Lion Reg would have known.

When you return to your club, group or other organization please could you find time to discuss this years event. When you have discussed the event could you please give feedback on how you found the event this year and any constructive comments to be considered.

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Also to think about ideas on possible future events or indeed the future of this event.

### Reference to Date, Day, Location, Venue, Site, Attendees Refreshments, Entertainment and Costing.

There will be a meeting @ Hatfield's in September date yet TBC – to discuss the event.

Please send replies by email if possible to - [bg014m0369@blueyonder.co.uk](mailto:bg014m0369@blueyonder.co.uk)  
Lion Secretary Barry Goforth

### Castleford & Pontefract District Lions Club CIO

Vice President Jacqueline visited Cherry Tree Academy to present a copy of 'Wild Tribe Heroes' – the best-selling Children's Book Series on plastic pollution, climate change and habitat loss.



Duffy the Sea Turtle, Marli the Puffin, Nelson the Whale, Buddy the Orangutan, Hunter the Polar Bear, Sunny the Koala and Ziggy the Bee are all Wild Tribe Heroes and their gentle and engaging true stories teach children about environmental issues in a positive and inspiring way with happy endings and ideas of what they can do to help them in the future.



### Castleford by the Sea

When WMDC provided an artificial beach in the main street in Castleford for the children to play in during the school holidays Castleford & Pontefract District Lions Club enjoyed 'A Grand Day Out' with their Seaside Treasure Trail in Carlton Lanes Shopping Centre.

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Members hid 10 seaside themed questions in various shops for children to find as they wandered around the centre and our winners Holly and Haley from Airedale got a box of 'goodies' to keep them entertained in the summer holiday.



As well as the Treasure Trail we also held a Teddy Tombola with over 200 teddies and other soft toys of all shapes and sizes which had been donated from within the local community.



Lion Jeannette Morgan  
Secretary, Castleford & Pontefract District Lions Club

## Elmet Lions Club

### Elmet Lions go online!

Now for many clubs, this might not seem a big thing, however when Elmet Lions started their quest to get online banking, it became a big struggle.

We applied early 2020 and we were rejected and started to try to rectify this when Covid intervened and then nobody at HSBC would take our cause and we were pushed from pillar to post.

Secretary Steve Cooper really took this fight on board and we received apologies in the way of a hamper and also a large amount of compensation after he appealed to the Financial Ombudsman about our treatment.

That's why, at our July meeting President Maggie bought a cake saying 'We've got online banking' as when we finally got the go ahead (and said goodbye to cheques) we were delighted!

### Party and Picnic in the Park

Elmet Lions were out in force for the Sherburn Town event entitled Party and Picnic in the Park on 29<sup>th</sup> July, 2023 to nearly coincide with Yorkshire Day on 1<sup>st</sup> August. 3000 people enjoyed live bands, children's fun fair. Climbing wall, drumming classes and a mobile zoo, all paid for by the Town Council.

Elmet Lions were asked to attend and collect money by 'shaking buckets' and helping with marshalling. As the money had to be collected for a specific event, Elmet Lions chose the PSA project they are hosting at the Motorist in Sherburn on 27<sup>th</sup> September, 2023. It is hoped that 120-men will attend to give a simple blood sample to test their PSA level. Elmet Lions are working with the Graham Fulford Charitable Trust to hold this event

Check out what they do at [www.gfct.mypsatests.org.uk](http://www.gfct.mypsatests.org.uk) The Motorist have kindly donated the venue for free and we have received part funding from Councillor Bob Packham of North Yorkshire from his locality fund.



Lions Ken, John, Ruth, Michaela, Ruth and Peter

LP Lion Margaret Hartley  
Elmet Lions Club





# Members Wellbeing Officer



## Caring For Others Starts With Caring For Ourselves

Let me start by introducing myself..... my name is Michelle Nicholson and I have recently been appointed as the Members Wellbeing officer for our district.

### **What is a Members Wellbeing officer?**

My role is to provide information and resources to support the wellbeing of our members within the district. I am not providing counselling services or medical advice, the role of a wellbeing officer is to provide information and resources to members about ways in which they can lead healthy and fulfilling lives for longer. Many more of us are now living longer but sadly for many the last ten plus years of our lives, we are not in the best of health, emotionally and/or physically. Life has taken its toll on us and just when we have more time, we are not necessarily able to live it to the fullest extent.

My role as wellbeing officer is to collate resources and information that members can easily access to help them look after their own wellbeing and be there to support their fellow lions when life throws a curve ball.

The second part of my role is to be able to signpost members who may be struggling towards organizations and individuals who provide professional help and support for people, whether the need is for a member who is struggling with anxiety and depression, financial worries, grief, or whatever the need may be.

### **Why wellbeing, why now?**

World events over the last few years have changed the way we live our lives for good. People have lost contact and become more isolated within their communities, the cost of living crisis is not only creating increased poverty and hardship for many more people, but it is also having a detrimental effect upon their health and wellbeing, add into the mix the devastation being caused through the effects global warming and the ongoing world conflicts and it is perfectly understandable why so many people are finding life tough going and reaching out to Lions for our help and support just to help them get through their day to day. The demands on us as Lions is increasing, our communities both locally and globally need us more now than ever before.

One of the many things that we all as Lions have in common is our compassion for others and being there for people who need a helping hand and a friendly face to turn to. The stark truth is that although we are Lions, we are still only human, and life takes its toll on us, we all experience the emotional rollercoaster of life and sadly none of us are getting any younger, so if we..... YOU want to continue to be there for your community, to continue with the vital work you and your fellow lions do, we all have to start taking some time for our own self-care. Investing some time in your own wellbeing is NOT selfish, we cannot be at our best to care and help our communities if we don't look after ourselves.

### **Caring for your community begins by caring for yourself and your fellow lions.**

### **My Credentials**

You may well be asking who is Michelle Nicholson and how credible is the information she will provide.

To put your mind at rest, I am a member of the Castleford & Pontefract District Lions Club and have been involved with lions most of my life, as a Leo, a Lioness and for many years now as a Lion.

In my professional life, I am a qualified mental health first aider, I have studied brain science for the last 13 years and I am currently working towards an Occupational Doctorate in Neuroscience. I have designed and developed wellbeing and mental health awareness programs for a number of organizations including Kia Motors UK, Sense, and Hertfordshire County Council

But I am not just an academic, I have struggled with my own emotional wellbeing and had my own curve balls that I have had to overcome. Fortunately for me, I have had the love and support of my family, but I am one of the fortunate ones, not everyone can rely upon blood relatives and that is why my role as members wellbeing officer for our 105N family of lions is so important to me.

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Lions are a family, we not only need to focus on being there for our communities, we need to make the time to be there for ourselves and our fellow lions.

### **What can you expect?**

My goal is to reach a point where any member within our district who is struggling in some way, it could be they have recently been bereaved, have had an accident or illness resulting in them feeling low or isolated, or life might just feel overwhelming, or they may be feeling tired, fatigued and lost their mojo..... know that they are not alone and they do not need to cope on their own, they have the support of their fellow lions

To make this the reality across the whole of our district will take time, I know that in some clubs members wellbeing is already on the radar but sadly not in all clubs and we can always do more.

What we as lions of 105N need to do is to:

1. Make sure members wellbeing, including our own wellbeing is on our radars
2. Start talking about our wellbeing as part of our everyday conversation, as they say on TV, "It's good to talk"
3. Be aware of the signs to look for when a person may be starting to struggle and feel comfortable and confident to reach out to them
4. Be aware of the information and resources you can signpost fellow lions to if they are struggling

Over the forthcoming months, I will be working on developing a number of resources, including information and tips leaflets, webinars, and seminars. I am hoping to set up a resource centre where any Lion can access the materials and information as and when required.

Some of the subject areas, I am working on as a starting point are: mental health awareness, managing stress, sleep well, winter wellbeing, starting a conversation about wellbeing.

I would love to hear from you with ideas about wellbeing resources and subjects that you would find useful.

If you would like to find out more about members wellbeing or if would like a **confidential conversation** or some advice and signposting for you or a fellow lion, please do not hesitate to contact me. I can be contacted on 07801 056 284 daytime or evening. If you feel more comfortable reaching out by email, I can be contacted at

[michelle.mcarthur@jigsawatwork.com](mailto:michelle.mcarthur@jigsawatwork.com)

**Please be assured that conversations with individual members regarding their wellbeing will be strictly confidential.**

Watch out for regular updates and wellbeing tips in our District Newsletter.

Lion Michelle Nicholson  
District 105N Members Wellbeing Officer

### **Important Notice to all Clubs**

When sending articles in for the newsletter please do not send photos embedded ins the e-mail, send them as separate Jpeg attachments of at least 1.2MB if you want them publishing. Recently I am receiving photos that are of poor quality and will not print correctly in the newsletter.

Lion George W Morgan  
Newsletter Editor

**In order to publish the October edition on time your articles must be with me at the latest by**

# **24th September 2023**

PDG Lion George W Morgan  
District 105N Newsletter Editor



## DISTRICT 105N CONVENTION – 2<sup>ND</sup>-4<sup>TH</sup> FEBRUARY 2024

### THE HOLIDAY INN, SCOTCH CORNER

Convention is being hosted by Teesdale District and Darlington Lions Clubs

**Venue** – the District Convention for 2024 will be held at The Holiday Inn, Scotch Corner, a venue we have used twice before for Conventions. It has been chosen because of it has easy access from the A1 and also is near to train and air links if needed.

**Accommodation** – The hotel has a good selection of rooms and the rate per night, including breakfast, is £89.00 for a Standard room and £109 for an Executive Room.

Please book directly with the hotel either by email [reservations@hidarlington.co.uk](mailto:reservations@hidarlington.co.uk) or by phone 01748828612, where Charlotte will take your bookings. Please note that this number is only manned during normal office hours. Any specific requests for your booking can be made at this time. Please quote **LIONS CONVENTION** when booking. The deadline for bookings at this price is 6<sup>th</sup> January 2024. After this date the price will revert to the normal Holiday Inn price which is **room only**

**Parking** - there is free parking at the hotel, but **you must register your car's Registration Number in Reception when you arrive**. Failure to do this will result in a fine. There are also electric charging points.

**Friday Night** - Following previous Conventions there isn't an organised social event for Friday. It is a good time to catch up with friends and make new ones. There is a Restaurant at the hotel, and it is advised you book a table if you want to eat there. There are also local Pubs and Restaurants within about a 15 mins drive.

**Saturday Business session** – will be held at the hotel. There will also be display stands with various Lions Projects. Pre-booked Lunch is choice of meat chilli or vegetable curry both served with rice.

**Partners' Event** – Slightly different this year. Because we have visited Scotch Corner before we felt the partner may like a change to their day. The weather in February can be cold and wet so we are holding a Craft Day for partners in the hotel. We have a local Crafter helping us make felted items to take home and display! Lunch of sandwiches, wraps and cream scones

**Saturday Evening** - As traditional, our Saturday Dinner and dance will be a 4-course dinner followed by dancing! **Please select your menu choices and put onto the booking form.**

**Sunday morning** - A Question and Answer session with our Lions Guests.

**Booking the Events** - A Booking form is now available which shows the cost per event. When completed this should be returned to Lion Sue Barron, the Booking Officer. Her details are at the foot of the form, together with the payment options.

I hope that you enjoy the Convention we have planned for you all

**Lion Sue Barron, Convention Chairman**



**DISTRICT 105N CONVENTION 2<sup>ND</sup>-4<sup>TH</sup> FEBRUARY 2024**

**THE HOLIDAY INN, SCOTCH CORNER**

**CONVENTION DINNER – 3<sup>RD</sup> FEBRUARY 2024**

**MENU**

**STARTERS**

Mediterranean vegetable stuffed risotto with basil pesto GF/VG

Smoked salmon and spinach roulade with toasted croutons – GF

Black pudding Scotch egg, smoked pancetta and peppercorn sauce, garlic cream mushroom on toasted focaccia

Cider braised pork belly, crackling and spiced apple chutney – GF

**MAIN**

Braised beef brisket, ale gravy, star anise carrot and pomme puree

Herb crusted cod loin, tiger prawns, fondant potato and pancetta cream – GF

Butternut squash strudel – Butternut squash, onions, peppers and garlic wrapped in filo pastry then baked and served with Napoli sauce - VG

Pork 2 ways, braised pork shoulder and roasted tenderloin, dauphinoise potato, redcurrant jus – GF

**DESSERTS**

Raspberry and almond frangipane, raspberry ice cream – GF/VG

Chocolate truffle torte with salted caramel ice cream – VG

Fresh fruit salad with lemon sorbet – VG/GF

Banoffee Eton mess, shortbread biscuit

Tea and Coffee

**Please make your choices and enter them on your booking form. Thank you**



**DISTRICT 105N CONVENTION – 2<sup>ND</sup>-4<sup>TH</sup> FEBRUARY 2024**

**THE HOLIDAY INN, SCOTCH CORNER**

**DISTRICT 105N CONVENTION 2024 - BOOKING FORM**

		Function	Cost pp	Total cost	Saturday Dinner menu	Choice
<b>Details – 1<sup>st</sup> name</b>						
Lion/Pres/ZC. Mr or Mrs						
Surname		Lunch	£11.00			
First name		Dinner	£35.00		Starter	
Club						
Address					Main	
					Desert	
Post Code						
Tel No						
email						
Mobility issues						
Emergency Contact						
<b>Details – 2<sup>nd</sup> name</b>						
Lion/Pres/ZC. Mr or Mrs						
Surname		Lunch	£11.00			
First Name		Dinner	£35.00		Starter	
Club						
Address					Main	
					Desert	
Post Code						
Tel No						
email						
Mobility issues						
Emergency contact						
<b><u>PARTNERS EVENT</u></b>	Crafting day at the hotel, including lunch/coffee and all materials	NAME:	£18.00			

Booking form to be sent via email to [nickandsuebarron2@gmail.com](mailto:nickandsuebarron2@gmail.com) or Lion Sue Barron, Yew Tree Cottage, CB Terrace, Arkengarthdale, Richmond, DL116RL FULL AMOUNT IS ENCLOSED/PAID

Payment by BACS transfer: Sort Code 20-59-43, Account No 33295176 – LCI District 105 Convention.

**Please state your name as reference when making the transfer**

Alternatively, you can pay by Cheque – LCI District 105N Convention and send to District Treasurer