



PRIDE of the NORTH

NEWSLETTER for 105N District

Mental Health and Well-Being Week



Earlier this month, Lions across our District marked and acknowledged **Mental Health and Well-Being week** which all culminated with **World Mental Health Day on the 10th**. During this week, a range of sessions were provided on a **District-wide basis by our wonderful Lion Michelle** whilst our Clubs did their **own acts of service in their community**.

Thorne Rural Lions, for example, took to the streets in Doncaster and **handed out awards to a fantastic group** who were doing a walk around the town. The **colourful parade of walkers** wore a wide variety of costumes and were of different ages and backgrounds - **lots of fun for everyone**.

Meanwhile, in **Keighley**, Club members were in their local **Asda handing out sweets to the patrons**. They also had their **'Things to be Grateful' board** alongside them and invited people to contribute to it. Finally, a number of Lions also **distributed some treats to their colleagues** at work - as a **'Little Act of Kindness'** to brighten up their day.

Issue 22 - October 2025

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Connecting members in Yorkshire, the North East and Scotland

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inside!

Editor's Comments



Dear all,

I hope you are well. The weather is becoming increasingly autumnal and whilst the nights are getting colder, as our **Club stories (pages 8-11)** show, **the flame of service still burns bright.** We once again have so many **brilliant tales from Clubs across the District** and it is a pleasure to collate them for us all.

As a bit of house keeping, I must inform you that **my email address has slightly changed.** My **Club is moving to a new website** and, due to this, we have had to get new emails for us all. The email is shown below and has also been amended on other relevant pages. I have set up a **forwarding rule on my old account** so hopefully this will assist all during this transition.

Beyond that, everything else **remains the same.** I remain **grateful for all of your timely content and photographs.** It is truly an **honour to serve.**

Luke Maunsell

District Newsletter Editor



media@keighleylions.uk

Competition Corner

Scores on the Door Travelling Lion:

Thorne Rural - 84
Garforth - 14
Keighley - 5



Host Club:

Thorne Rural - 45

Don't forget that our District has some **great, creative competitions** which include: **The Photo Comp, The Peter Shaw Award, Rookie of the Year and the Best Web Page Award.** They are all fun and help build comradeship between us all. If you would like to get involved, in any of them, by the **closing date of 31/12/2025,** please contact **Lion Roy Field** at: rjafield58@gmail.com.



District Governor's Message

Fellow Lions, Leos and Partners,

I have had a **very busy October with Club Visits, Charter Nights and meetings** here, there and everywhere. It has been **inspiring to meet new people** during my Club Visits and hear about all your service projects, fundraising efforts and different ways in which you all support your communities.

I am hoping November will calm down a little and I will have a little 'me time', before the busy run in to Christmas which we all encounter as Lions. Our own Club preparations are underway with our Santa Sleigh being brought out of moth balls, safety checked and road tested all ready for the big man's arrival. I'm sure lots of you have made similar preparations, and **are looking forward to that magical time** when we, as Lions, **put so many smiles on so many little faces.**



Preparations are also underway, **with thanks to Easingwold Lions and Thirsk and Northallerton Lions, for our District Convention in February.** Details have already been circulated and I hope you are all checking your diaries and getting booked up. **Our International Guest this time will be Dr. Karl Brewi from Austria.** As a **2nd Year international Director** and very experienced Lion, I know **he will have had lots of experiences to tell us about.** Our theme for Convention will be **Fun and Service.**

My **November diary currently only has an Aberdeen Club visit** on Zoom, though I may try and sneak another odd one in, before I leave them aside until Spring. I also have **Charter Dinners at Withernsea** (31st October), **Garforth** (8th November) and **Bridlington** (15th November). **The social events are very important** fellow Lions, in between all that we do, **we need to remember to have fun too.**

Membership numbers seem to be holding up and a **number of Clubs are recruiting really well.** **Keep it up Lions - remember the more members we have the more service we can do.**

And just a reminder, **my wife Kairen's chosen charity this year is Prostate Cancer UK.** If you wish to **make a donation, you can forward to the District Treasurer** marked as that, and he will accumulate up to the end of my year of service as your DG.

Lion John Sellers, MJF

District Governor



sellersatmallard@aol.com



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1st Vice Governor's Message

Dear fellow Lions, Leos and partners,

Since the last Newsletter, I have attended **several Zoom meetings for First VDG's and been to HQ as part of an interview panel** selecting a **new Council Secretary** to shadow the remainder of this year and take over in July 2026.



I attended the Holme Valley Charter last weekend and was **amazed at the amount of work they do and the service given** to local causes. However, I was **a little saddened to hear** that due to the Club members age and mobility, the Sleigh won't this year be touring the streets. Despite this, **the resourceful members have set up six static events** with the sleigh and feel they will be just as successful with these. **The meal was excellent as was the company.**

This weekend (25th October), I will, along with **Lion Pete Haggio, be attending Consett Lions Lunchtime Charter** and following that travel to meet with **Derwent and York Minster Lions for their Evening (combined) Charter**. These two Charters in one day are going to play havoc with my Slimming World weigh-in next week.

It is very encouraging to see the **numbers of new Lions being inducted** so far, this Lionistic year. BUT! - **We must be very careful to retain members, particularly in January.** The message is, when **inducting a new member, get to know them, involve them, understand them, KEEP THEM!**

As we gear up for the many varied Christmas Campaigns, **I wish you all success in your engagements** and remember to record your service on the portal, share your stories and photos.

I hope to see many of you at the **February Convention in Scotch Corner, and also the Multi-District Convention** in May, with it being in Newcastle.

Lion Allan Clark, MJF

**1st Vice District Governor
2025/2026**



nalla105c@yahoo.co.uk



Membership News

Since the last newsletter, we have had 6 join our 105N pride. **Let's welcome them and wish them all the best** in their future service. Unfortunately, **2 Lions** have moved to **Higher Service**. We send our **deepest sympathies** to their nearest and dearest.

Dalbeattie & District Lions

- Sharon Murray

Huddersfield Lions

- Rukaya Chounwie
- Steven Fairhurst

Morpeth Lions

- Arthur Thompson

Thorne Rural Lions

- Bev May
- Terry May



In Memoriam

Always treasured, your actions live on in our hearts.

Barnsley Lions

- Sashi Bhartia

Tickhill & District Lions

- Barry Hoggart

Deepest thanks to **Lion Marilyn Bennett**, MLCY Co-ordinator and **Lion David Wilson**, District Almoner for contributing to this page. They can be reached on davidwilson51@hotmail.co.uk and lions.geomar@gmail.com.



Calendar Dates

Garforth & District Lions

53rd Charter Dinner

8th November 2025, 7pm for 7.30pm

The Garforth Golf Club, Long Lane,
LS25 2DS

Email Lion Todd Keith:

toddkeith@outlook.com

Denby Dale District Lions

45th Charter Dinner

15th November 2025, arrive for 6:30pm

Woodsome Hall Golf Club
Woodsome Road, HD8 0LQ

Email Lion Todd Keith:

hughesdan411@yahoo.co.uk

District Peace Poster and Peace Essay

Deadline

15th November 2025

Final date for entries

Email Lion Anne Marie:

ramh47@yahoo.com

District Young Ambassador Competition

Deadline

17th November 2025

Final date for entries

Email Lion Gill Swan on:

gmswanis@gmail.com

ROAR final

17th November 2025

Final for the school entries

Email Lion Belinda Thompson:

belinda.bt6@gmail.com

Filey Lions

Over 85's Christmas Lunch

11th December 2025

Park Dean Holiday Resort, Mill
Lane, Cayton Bay, YO11 3NJ

Zone N12

Annual Burns Night

17th January 2026

Wheatley Golf Club, Armthorpe Road,
Doncaster, DN2 5QB

Email Lion Mike Byrne:

thebyrnes2003@yahoo.co.uk

District Convention

6th to 8th February 2026

Scotch Corner, Darlington, DL10 6NR

Hosted by Thirsk and Northallerton
and Easingwold District Lions Club

Thorne Rural Lions

45th Charter Dinner

Saturday 14th March 2026

Wheatley Golf Club, Doncaster,
DN2 5QB

Have an upcoming event or Charter Dinner?

If you have a date for the next issue,
please email me on:

media@keighleylions.uk



Development Workshops and Webinars

Have you been a Lion for 5 years or less?

Would you like to meet younger in-service Lions from around the UK, to discuss, learn and share ideas?

Would you like to be part of the future of Lions in the UK, helping to shape our thinking to ensure Clubs remain relevant to today's society?

Lions MD105 Symposium

We are looking for Lions of any age, with five or less years' service as a lion, who are interested in and would benefit from attending this thought-provoking, informative and inspirational weekend.

Where and When:

28th, 29th & 30th November 2025

Venue:

Chesford Grange Hotel, Chesford Bridge, Kenilworth, Warwickshire, CV8 2LD

Purpose:

The main aim is to bring together younger/younger in-service members for a wide-ranging discussion, encourage lateral thinking, to obtain the views of the next generation of leaders within MD105, to inform our strategic planning and thinking. We need to ensure that what we do in our MD is relevant to today's society.

This may be first entry level experience of leadership topics and for many, Club level responsibility may be the next step. Depending on length of service, a District role may be more appropriate and will be very much down to every individual, local needs, and development opportunities.

Who should attend:

Lions of any age, with ideally five or less years' service as a Lion.



Symposium:

The symposium will run from 10.00 on Saturday through to 15.30 (latest) on Sunday. Attendees will be expected to attend all sessions including evening dinners.

MD105 will be providing accommodation, meals, and refreshments for the duration of the Symposium, Saturday and Sunday – Friday dinner, bed and breakfast for those wishing to travel on Friday.

Programme:

There is no formal agenda as the programme is very much driven by the needs of the attendees.

During previous events there has been a steer towards:

- Strengths & how weaknesses/weakness can become an opportunity
- Diversity and Inclusion
- Difficult people and conflicts - discussion on strategies and needs of newer younger lions
- Communication (introduction to AI)
- What happens when things go wrong
- How to maximise results
- Protocol & politics - necessary evils (?)
- Leadership opportunities and next steps
- Service Journey
- Our Core Projects
- MD105 Major Projects
- Club and/or District Projects - new and established (attendees asked to share)
- Brand Identity
- Marketing our organisation - resources available National HQ/ Lions International
- Marketing ourselves
- Marketing events

If you would like to know more about the symposium or would like to submit an application to attend, **please email me your name and email address and I will send out the full information and application form.**

Places are limited, so please get in contact with me ASAP

Please email Lion Michelle on: Michelle.McArthur@jigsawatwork.com to request your application and/or if you would like a copy of the **full list of development opportunities for 2025/2026.**



Tales from our Clubs

Zone N12 Club Get-Together



Lions should always be **seeking to work together** in order to **build vital links** between our members. In **Zone N12**, this is exactly what some Clubs and members have been doing.

In early October, **around 70 members and friends from Lions Clubs across the Zone** set sail on **The Wyre Lady** from **Sprotbrough** for an afternoon of fun, laughter, and great company.

All those in attendance **had a great time with plenty of smiles, stories, and a few drinks** shared along the way, it was the **perfect opportunity for Lions and friends to relax, connect, and celebrate** their shared spirit of service and friendship. A **successful raffle was also held which raised £90** for the Zone charity. **Here's to friendship, fellowship, and fun — the Lions' way!**

Denby Dale District Lions

Just like get-togethers, celebrating our fellow Lions is so important as it boosts morale, helps with retention and ensures that our members know how valued they are. With this in mind, Denby Dale District Lions **President Dan Hughes was delighted to present two Lions Club members with Certificates of Appreciation** to mark both achieving an amazing **37 years of service each**, a staggering 74 years of service between them. **Lion George Berry (left) and Lion Mick Prince (right)** were the well-deserved recipients - **Many congratulations to them both!**



On top of this, the Club also launched the **Lions Roar 2025 programme for the first time at Denby Dale First School and Cumberworth First School**. Both schools were very excited about the programme and grateful to the Lions for sponsoring them. The Lions will **also be launching a new, user-friendly website** to help bolster the Club's profile and keep people up-to-date with their work. **You can have a look for yourself at denbydalelions.com.**

Morley & District Lions



As noted above, many of our members have served our District and communities for many years. Over this time, our Lions are able to contribute to those they represent and make **positive change happen**. In Morley, one Lion has been given some **much deserved recognition for his 47 years of service**.

For **nearly 50 years**, **Lion Roy Field** has been doing all he can to help his local community from **pushing beds and barrels to raise funds, organised concerts and even travelled to Romania to deliver supplies to orphans**. He has also been **Club President for more than 10 years**.

As a result of his brilliant work, Lion Roy was selected by Morley people to become **1 of 10 'Legends of Morley'** as part of a **special award held by 'That Morley Mag'**. **Well deserved Roy!**



Many of our Clubs are still looking back over their summer successes. In Ryedale, they are remembering their time helping out at the **Ryedale, Rosedale and Farndale Shows** where they were **blessed with beautiful weather and saw good attendance** for each of the shows.

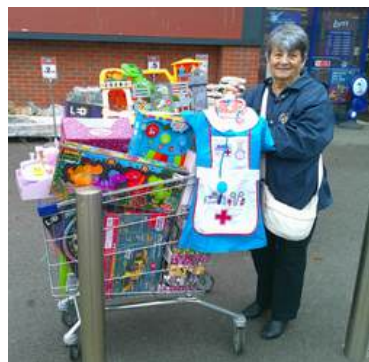


Then, the Club held its **Annual Golf tournament at Kirkbymoorside Golf Club** where over **150 golfers joined them**. They were delighted to be joined by Lions from **Filey and Easingwold and District** as well as **District Governor John Sellars**.

Over £7000 was raised from the Golf Tournament and the Club thanks everyone (especially fellow Lions and widows of passed Lions) who kindly **gave their time and raffle prizes** for the Silent Auction event. **This money will be used to help many within their community.**

Finally, their **new President Steve Knight was honoured to present the Melvin Jones Fellowship Award to longstanding Lion John Harrison**. Lion John joined the Lions in 1968 and has served faithfully ever since including being a key pillar in organising the **Annual Golf Day and the Pickering Carnival**.

Thorne Rural Lions



In Thorne Rural, members have really started their festive work with the launch of their **annual Lions Toy Appeal**. Running from the **10th October to the 17th December**, the Club will be getting as many toys as possible **to help disadvantaged children in their area**. Marvellously, this is the **10th year of the appeal** which has brought such joy to so many young people. Starting the effort on a high was **Lion Auriol who has done the first shop of the season** (as pictured). **Santa never wishes to leave any child feeling forgotten** and Thorne Rural will do what they can to make sure this is the case.

The Lions have also been reflecting on their own successful **charity Golf Day** (back in September) which was organised by **Lion Stephen and his team**. Held at **Doncaster Town Moor Golf Club**, the excellent teams (including one from Ryedale Lions) **raised around £4000 for some great causes**. Bolstered by some great weather, **everyone had a great time!**

Holme Valley Lions

During September, Holme Valley Lions have been doing a **brilliant job backing a cause which is sometimes overlooked**. After becoming aware of a local grant which supported **assisting girls in poverty with female hygiene products**, the **Club quickly applied and received £3000**. The Lions subsequently **purchased various products** from local supermarkets and distributed them via local foodbanks/social services. As you can imagine, **every item was gratefully received** and shows the **benefit of our Clubs applying for funding** if it becomes available.



In October, Holme Valley Lions Club also held their **45th Charter** which was attended by **40 persons** including **Visiting Lions** and **1st Vice District Governor Allan Clark - Happy Anniversary indeed!**

Dumfries Lions



The **Russian war of aggression against Ukraine** has touched many of us and had global ramifications. As Lions, we have done some **fab work to help the people of Ukraine** such as by sending stoves and backing other projects.

In Dumfries, the Lions have been doing their bit via a **donation of £500 to the local Ambulances for Ukraine organisation** who have already made **9 journeys to the war-torn country** loaded with **necessary supplies including toys, clothes and medical assistance**.

Also backing global efforts have been **Dumfries Lions Stuart Armstrong and Jock Carlyle** who recently completed a **500 mile round trip from Dumfries to Lions HQ** with **approximately 20,000 pairs of spectacles** from contacts in Scotland as part of our Lionistic project. Included within this were **3,000 pairs from the Dumfries area project** which is co-ordinated by **Lion Wendy Tremble**.

Darlington Lions

In true keeping with the **District's Mental Health and Well-Being push**, **Darlington Lions** has **donated £5,000 to The Listening Post**, a local charity which supports the mental health and well-being of young people. This is the **second donation of £5,000 to The Listening Post** in the past 12 months.



The Listening Post is a free and confidential listening and mentoring service which helps more than 270 students a year at schools and colleges in Darlington by actively listening to them. **Their 32 volunteers are always fully booked**, such is the demand for the service. Consequently, **Martin Stand of The Listening Post** said: "The continued support for The Listening Post by Darlington Lions is very much appreciated. **The latest donation will make a massive difference to our work, and will help deliver hundreds of listening sessions with children and young people** during this academic year, helping them on their journey into adulthood."

Filey Lions



As reported last month, Filey Lions has got a brand new game which is already making a big impact! Their **Pig Racing extravaganza** has been put to use this month, at a special event to **mark International Day for Older People** and to **raise money for Breast Cancer awareness**. The **porky play day** proved very popular, making lots of people smile and adding a unique edge to the event.

Outside of the porcine joy, the **Club has been busy delivering gifts** to help some very special people celebrate big birthdays and anniversaries. This has **included a 90th birthday, a 60th Anniversary, 2x 65th anniversaries and an amazing 70th wedding anniversary**.

Moving forward, preparation is well underway for the **Club's Bonfire event on the 11th November** and their **Over 85's Christmas Lunch**. Their mascot Roary (and team) has also been doing some **maintenance on their Santa Sleigh**. **Filey Lions thank all their volunteers and supporters** for their help during this period - it's very much appreciated.



In a growing area of vital service throughout our District and beyond, **Elmet Lions** have helped provide **PSA (prostate-specific antigen) tests** for **125 men** at a screening event at **The Motorist in Sherburn-in-Elmet**.



The annual event, which aims to support early detection of prostate cancer, is **open to local men aged 40 and over and is funded via Club events over the Lionistic year**. This year's testing which took place on 25th September, was the biggest to date thanks in part to **a grant of £1,000 from Kingspan Insulation's Planet Passionate Community Fund**.

Members and **Club President John Brettell** were happy with the response, the latter of whom commented, **"This is our third event for PSA testing** working with the Graham Fulford Charitable Trust. **Early diagnosis of prostate cancer is crucial** to ensuring the best health outcomes. **Elmet Lions is committed to helping members of our community** get the testing to support this. With the money raised through the hard work of our members and the support from Kingspan Insulation, **we were delighted to be able to offer and fill 125 testing slots** at this year's event."

Maltby and Rother Valley Lions



In Maltby and Rother Valley, the Lions were very happy to support **Rotherham Hospital & Community Charity** during a 2025 fundraising for their **Dementia Appeal**. After a big push, which received the joint funding by some neighbouring Clubs (**Bramley & Wickersley Lions and Rotherham Lions**) - they were able to present a cheque of **£1500 to the cause**.

The Club were also able to help another local hospital when **Lions Lynn Reaney and Janice Maskill delivered 44 pairs of pyjamas and sleep suits** to Emma Smith for the **Children's Hospital Pyjama Appeal**. This amazing effort will **support children of all ages** as the clothing is circulated throughout the community.

Finally, the Lions were booted and suited during a **Casino Night** which was provided **free of charge on behalf of Age UK**. Facilitated at the **Progressive Club in Maltby**, everyone in attendance had a great time - with **flutters and fundraising in abundance**.

Well done our Lions for all your effort!

Upcoming POTN Deadline

Thank you all for your contributions this month. The next deadline is the **23rd November 2025**. I look forward to seeing what your Clubs have been doing so email me on: media@keighleylions.uk